



Hôtel de Glace

How to prepare for a sensational experience

Very soon you will live the ultimate winter experience: a night at the Hôtel de Glace. To ensure you are well prepared, read the following essential information for your stay.

Dress well, have fun!

During winter, in Quebec, the outside temperatures can vary between -25 °C (-13 °F) in February to 5 °C (41 °F) in March. Appropriate clothing is necessary.

Inner layer: Your underwear must let humidity break away from your body. This layer must be composed of synthetic or a mixture of wool and synthetic materials. Cotton should be avoided because it retains humidity. This way you will stay dry and warm.

Middle layer: The middle layer should regulate the body's heat and isolate. Wool, fleece and thermal sweaters are recommended.

Outer layer: The outer layer should protect against wind and exterior humidity, we suggest ski jacket and pants. During the night, guests should not be overly dressed. Excess warmth will cause perspiration. Humidity will then form which will make you feel cold. Before heading to bed, it is important to change into dry clothing, made of synthetic fibres and not cotton.

Hats, gloves, boots: It is essential that all extremities are protected from the cold. A proper hat prevents from losing heat. A hat should also protect ears and neck. Gloves are essential for protecting your hands while enjoying your cocktail in a glass of ice. Boots should protect against moisture as well as the cold ground and should be larger than a normal shoe, in order to leave space for socks and soles and to have an insulating layer of air in the boots.

Sleeping on ice?

A comfortable bed is awaiting you. The Hotel and its furniture are entirely made out of snow and ice, and the beds are too, but there is more! Blocks of ice form the base, followed by a solid wood box-frame that provides the initial separation from the ice, and a thick foam mattress covered by a fleece sheet completes the bed. When the

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evening arrives, a warm and soft sleeping bag will be delivered to your room with a pillow. These sleeping bags can resist against temperatures as low as -30 °C (-22 °F). There is no need to worry because the ambient temperature in the rooms remain between -3 °C (26 °F) and -5 °C (23 °F), despite colder temperatures outside the walls of the Hotel.

Your night at the Hôtel de Glace

Check-in: You are welcome to arrive anytime in the day. Please check-in at the Pavillon Talik first, even if you begin your stay at Station touristique Duchesnay. We will then give you all your vouchers for your stay. Also, you will have access to your room from 9:00 pm to 8:00 am the next morning.

During the day, you can spend some times on the Station touristique Duchesnay and go for a guided tour at the Hôtel de Glace from 10:30 AM to 4:30 PM. If you have a car, there is free parking situated in close proximity to the Pavillon Talik.

Luggage: A locker in the Pavillon Talik will be assigned to you for your luggage, for the duration of your stay at the Hôtel de Glace. Before going to sleep, you can bring inside the Hôtel your personal belonging for the night. Sanitary facilities (showers, sinks and bathrooms) are at your disposal in this pavilion also.

Information session: Upon arrival at the Pavillon Talik, you will be invited to attend a briefing by our guides. They will be happy to walk you through the unique experience of sleeping at the Hôtel de Glace and will tell you everything you need to know about the equipment available. In that same pavilion, an employee is always available 24h/day to answer your questions and help you.

Meals: All meals are served at the Auberge Duchesnay. A reservation can be made for you upon your arrival, depending on availability. Buffet breakfast is available from 7:00 am to 9:30 am and lunches from 11:30 am to 2:00 pm. Dinner is served at 5:30, 6:00 and 6:30 pm and the second service is at 8:00, 8:30 and 9:00 pm.

Nordic relaxation area: There are restrooms and dressing rooms located in the Hôtel de Glace which are heated and lit. This will allow you to prepare for a relaxing dip in our outdoor hot tubs and sauna. We provide towels and bathrobes, but please remember your bathing suit and your sandals. The sanitary facilities are available exclusively for our overnight guest from 8:00 pm to 8:30 am.

In the morning: To help you start the day, a hot beverage will be available at the Pavillon Talik, where you can meet other guests. You are also invited to write a small comment on your experience in our guestbook.

We look forward to welcoming you to the Hôtel de Glace!

